

# Special Issue ITA'S THERAPY CATS

KC – ITA's first therapy cat and first feline to be chosen ITA Therapy Animal of the Year

Lots more about this very rare "breed"

## Who are Intermountain Therapy Animals?

e are a human service organization, a 501(c)(3) nonprofit, headquartered in Utah, that brings the gift of animal companionship and interaction to people in need. Our mission is to **enhance quality of life through the human/animal bond**. Our volunteers (people and their own pets) make regular visits to those who are physically or developmentally disabled, emotionally or psychologically impaired, lonely or suffering from depression. All services are free of charge to both client and facility.

ITA therapy animals and their handlers are screened, trained, licensed and insured to participate in animal-assisted interactions (AAI), which may be either animal-assisted activities (AAA) or animal-assisted therapy (AAT). Successful teams have completed both health and temperament screening and volunteer training.

Serving our communities since 1993, we are one of the largest groups of our kind in the United States, with more than 350 volunteer teams doing animal-assisted therapy at more than 100 hospitals, counseling centers, nursing facilities, detention homes, extended care centers, and schools. Chapters of ITA now thrive in Montana, Idaho, Nevada, and Kentucky.

We are also the founders of Reading Education Assistance Dogs<sup>®</sup> (R.E.A.D.<sup>®</sup>), a literacy support program to foster in children the love of books and the reading environment. R.E.A.D. has spread throughout the United States and beyond since we launched it in 1999.

If you would like more information about us and our work, please contact Executive Director Kathy Klotz at 801-272-3439. We welcome all who want to lend a helping paw! ♥



## **ITA Staff**

Executive Director : Kathy Klotz (H) 801-277-8271 Asst. Director / ITA R.E.A.D.® Coordinator : Karen Burns Program Services & Volunteer Coordinator : Colleen Baum National R.E.A.D.® Coordinator : Sharry Buhanan-Decker Admin. Assistance : Melissa Byrd Office Manager : Cindy Harris Special Projects : Ali Barnes Newsletter Editor : Kathy Klotz No. Utah Coordinator : Judy Curtin Utah Valley Coordinator : Brett Beasley Cache Valley Coordinator : Diana Toth Montana Coordinator : Nancy Rosen Idaho Coordinator : Connie Sharkey



Find ITA at: www.facebook.com/ Intermountain.Therapy.Animals Find R.E.A.D. at: www.facebook.com/ ReadingEducationAssistanceDogs

Intermountain Therapy Animals' *NEWS* is sent to all members and contributors. Please call the ITA office at **801-272-3439** if you would like to receive it, whether by mail or e-mail.

### **Board of Directors**

### Susan Daynes (Board President)

CEO, Coach Mike's Tennis Shop ITA Team Volunteer

Chris Beck-McKay Restaurateur

Peggy Chudd (Board Vice President) ITA Team Volunteer Karen Duncan, MSN, RN

Admitting Manager, Univ. of Utah Hospital Jane Fischer (Board Treasurer) CEO, Pampered Pets of Utah

Lynne Hanson Sales Executive (Retired) / ITA Team Volunteer

Pat Hemingway ITA Team Volunteer Richard D. McKelvie

Asst. U.S. Attorney Heather King (Board Secretary) Public Relations, Spectrum Engineers Deryl Strong CPA Volunteer Member Representatives (non-voting)

Eileen Ambrose Erika Daines

Allison Strong

### **Advisory Board**

**Gary Bates,** 19th Special Forces, Utah National Guard

Jan Bates, Director, Community Affairs, Questar (Retired)

Penny S. Brooke, RN, MS, JD, College of Nursing, University of Utah (Retired)

LuEllen Brown, Social Worker, Mountain Ridge Counseling Center, Brigham City

Pamela K. Faler, M.A., M.F.T., P.C., Marriage & Family Counselor

Laura Moseley Helm, Physician Assistant

Mary Renck Jalongo, PhD, Professor Early Childhood Education, Indiana University of Pennsylvania

James J. Lynch, PhD, Author and Researcher

Stephanie Magid, Vice President, Goldman Sachs Sandi Martin, RN, BSN, NCBF, Oakwood Health Care, Michigan

Susan McDonald, DVM, Animal Health & Nutrition

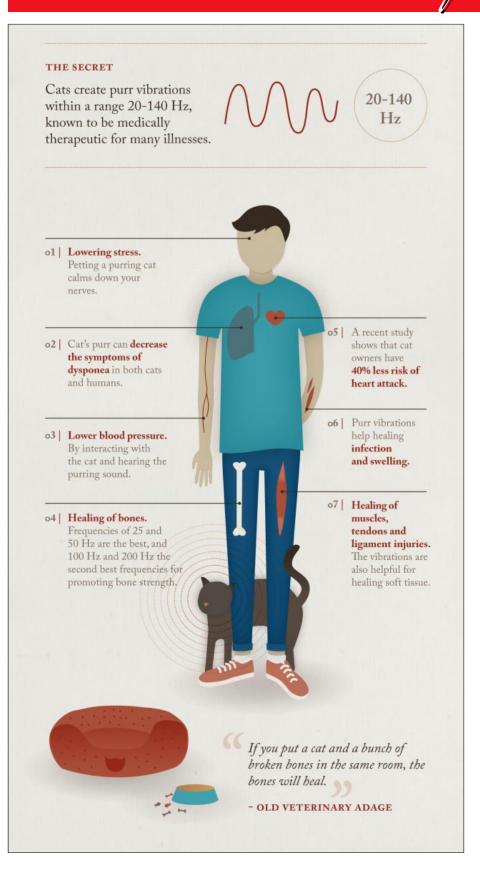
Kay Miller, Pastoral Care, ITA Volunteer

Sven N. Miller, Service Quality Leader, American Express

David A. Parker, Ed.D., Cultural Education



# The Healing Power of Cat Purres



ccording to the Daily Infographic of July 21, 2013, our feline friends provide us with more than just emotional support. House cats may actually be contributing to our physical well-being. We at ITA know this—anecdotally and experientially—and those of you who have cats as personal therapists do, too. Nice that science is once again catching up.

When a cat purrs within a range of 20-140 Hertz, nearby humans may be therapeutically benefiting from these vibrations. Purring has been linked to lowering stress, decreasing symptoms of Dyspnoea, lessening the chances of having a heart attack, and even strengthening bones.

Research suggests pet owners live longer than those without pets. And thank goodness animal-assisted therapy is continuing to gain momentum in medical communities.

Our own animals have the ability to relieve us of our troubles, or at least make our worries seem less important. The bond between pets and their owners may never be fully understood, but it's nice to know having a furry confidant around can add years to our lives.

- Contributed by Sherlock and Eliza Hintze



## **From ITA's Board Chair**

Dear Friends,

I have now been volunteering with Intermountain Therapy Animals for more than a decade, and I can still say with great passion that nothing I have ever done has made such a dramatic and valuable difference in the everyday, real world challenges that people face, as animal-assisted therapies can and do.

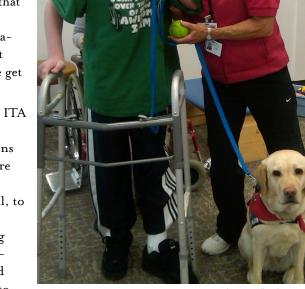
People of all ages and socio-economic circumstances receive devastating diagnoses and injuries every day. Future paths must veer sharply, dreams are dashed, and all these events reverberate through a patient's family as well.

Our animals come into these situations with great wisdom and intuition; they are catalysts, motivators, sources of fun and inspiration — and they pass no judgments. They make healing connections.

Animals the world over inspire these reactions, so work like ours may seem almost mundane or insignificant in the larger scheme of things. But nothing could be less true, because each encounter, one by one, is also unique and of singular benefit. Our therapists tell us over and over, year after year, that the animals inspire cooperation, participation and progress that they cannot otherwise get from their patients.

Now in our 21st year, ITA is one of the most successful organizations of our kind. But we are struggling, like other charities big and small, to keep providing these crucial services during these challenging economic times. We need your help to survive, to

continue helping our patient/clients in over 100 healthcare facilities to heal. Please do all you can to make room for ITA in your budget and your heart. Investing in animalassisted therapy is a guaranteed Return on Investment—it succeeds every time!



Susan and Diva stroll with a young client.

We hope we can count on your support. We need you now more than ever, so that we can continue to serve thousands of people in our community every year!

With sincere thanks,

<sub>k</sub> Susan Daines

ITA Board President

You may be able to make your donation to ITA go twice as far. Check to see if your employer will match your contributions.

Intermountain Therapy Animals (**#76194**) participates in the Combined Federal Campaign, making it possible for all federal employees to donate to us through their workplace payroll deduction plans.



J	Dİ	n	m	termount	ai	n T	herapy <i>l</i>	Anima	s —	Wi	il	h or \	Ni	thou	t \	our l	Pe	t
---	----	---	---	----------	----	-----	-----------------	-------	-----	----	----	--------	----	------	-----	-------	----	---

**XCS** I want to help ITA teams continue to bless the lives of so many who need them. Here is my tax-deductible gift:

□ \$25 Friend □ \$50 Supporter □ \$100 Partner □ \$250 Advocate
□ \$500 Patron □ \$1,000 Benefactor □ \$5,000 The 4-Paw Circle

Name	Phone
City / State / Zip	
E-Mail	
CHECK ENCLOSED	
	CARD #
	EXP. DATE/ SECURITY CODE
	SIGNATURE
4050 SOUTH 2700 EAST,	nountain Therapy Animals: SALT LAKE CIT, UT 84124 (or) PO BOX 17201, SALT LAKE CITY, UT 84117 ble to the full extent of the law. Thanks for your support!





# Faye Alexander & Yuki

Yuki became an ITA Therapy Cat in October 2012. She is now 5 years old, and is distinguished as the only ITA therapy cat in Idaho Falls. I found her, starving and abused in the snow at IO degrees below zero in January 2010 in Idaho Falls. Which is how she got her name (Yuki means "snow" in Japanese).

We noticed that Yuki loved to ride in cars and loved people. When visitors arrived at our house, she was the first one to greet them at the door then sit on their laps. So I thought she just might be therapy material (very few cats want the therapy job).

She went through a lot to pass the test, but did great at it all, and she learned quickly about weekly therapy visits at the

(Continued on page 6)



# Eliza Hintze & Sherlock

Last year at UNI Sherlock met a tteenage boy who had Cerebral Palsy. The boy was seated in a motorized wheelchair, and his eyes lit up when he saw Sherlock. The boy couldn't speak, but he had a communication device mounted on his wheelchair. He pushed a few buttons on the screen, and a computerized voice said, "Hi Kitty." Sherlock was more than happy to sit on the boy's lap for awhile.

A young man from Africa attended one of Sherlock's group sessions at UNI a few months ago. He was visibly anxious about being in the same room with a cat. When he was invited to pet Sherlock, he said sheepishly, "I'm afraid of cats." But a few minutes before the session was over, the boy approached Sherlock and tentatively put out one hand to pet him. "Oh wow," he said. "I have never seen a cat like that before."

Sherlock has plenty to say about being an ITA therapy cat—his essay is on page 6.

And please also see his claims about the value of purrs validated on page 3. ♥

- Eliza Hintze, Salt Lake City, UT



# Tawnya Kinder & Daredevil

Hello, my name is Daredevil. My mom is Tawnya and she has been rescuing animals for about 19 years animals that are forgotten, left behind, sick, or going to be euthanized because, well, there are so many of us cats and dogs. That's because humans don't get their animals spayed or neutered. Those that get rescued get shots, exams, spay or neuter, and other things that are necessary to make it so they are adoptable and, hopefully, find their new forever home.

I don't really remember much of how I came to a barn in Draper in June 2003, with my eyes all messed up. I remember a nice lady saying, "Oh my, oh my, look at this kitten's eyes. I have never seen anything like this before." She took me into the house and picked up the phone right away.

Next thing I know, I am in a car with Tawnya and her son, Tim. And ever since then, I've had the best cat life, even though I had to lose my eyes.

I've been an ITA therapy cat since

(Continued on page 10)



## Faye & Yuki (Continued from page 5)

hospital, a behavioral health center, and an adult handicapped day facility. Yuki works for an hour on my days off.

Every therapy visit with Yuki always brings lots of smiles and laughter since she's riding in a toy shopping cart. I found the cart much easier than carrying her around for an hour. People enjoy petting her in the cart, or if they want they pull her out and hug her on their lap. Yuki tolerates the big hugs, but after 5-10 minutes she lets me know that she wants back in her cart. Then we're off to the next cat lover. Yuki's fur is soft like a bunny rabbit. We have been allowed in all areas of the hospital, including the ICU. I'm grateful that our hospital can see the benefits of therapy animals.

Staff and patients will ask, "How do you train a cat?" And I always say "you don't, Yuki trains me." Cats have to want to do the right things as animal therapists. Yuki is very tolerant, but she lets me know when she's ready to go home. I call it "cattitude" when Yuki wants to leave and hugs my neck.

Yuki and I will listen to lots of stories about a client or patient's cat at home and how much they miss their cat. Turns out, there are an amazing number of cat lovers needing therapy visits, too. I'm so grateful to have Yuki and to see how much joy she brings to so many people.

I could never bring so many smiles on my own.  $\pmb{\vee}$ 

- Faye Alexander, Idaho Falls, ID



# I am Sherlock, Hear Me Purr! by Sherlock, ITA Therapy Cat since 2008, with translation by his partner, Eliza Hintze

Sherlock is a minor celebrity at the University of Utah Neuropsychiatric Institute (UNI), where he has been visiting the pediatric and adolescent inpatient units since 2009. Intermountain Therapy Animals has over 300 therapy teams in Utah, but only five of those teams include cats. These cats are an elite therapeutic force. We turn heads and melt hearts wherever we go. If you haven't had the pleasure of meeting me or one of my therapy cat colleagues, here's what you can expect:

### 1. I was born this way.

Therapy cats are born, not trained. Eliza can't make me do anything I don't want to do. She didn't teach me how to be a therapy animal. I'm just naturally a very affectionate and mellow cat. I am confident and trusting, even with strangers. And I'm a great listener.

### 2. I have unique skills.

The therapy animal screening is different for cats. I don't have to sit, stay, or demonstrate any leash skills. Instead, I sit on a series of four volunteer's laps. I must sit on the last person's lap for at least 30 seconds, without wiggling or trying to get away. I also meet a dog, and when the tester drops something on the floor I don't even flinch. It's fun to show people what I can do.

### 3. I come prepared.

Before every therapy visit, Eliza trims my claws, brushes me, and puts dandercontrol spray on my fur. She also cleans the litter box an hour or so before we leave, as a subtle hint that I should make a pit stop.

### 4. I need to feel safe.

Some therapy cats walk on leashes. Others have nifty carts with wheels. I prefer to cruise in my cat stroller, which provides a smooth ride and a place where I feel protected and comfortable. My stroller is my home away from home.

### 5. I travel light.

My essential therapy cat supplies include: my harness, a small towel for me to sit on, and a lint roller. And in the summer, Eliza puts an ice pack in my stroller to help me stay cool.

### 6. I have limits.

I don't like getting shuttled from room to room in hospitals. Elevators and beeping medical equipment make me nervous. And after about 60 minutes of therapy time, I get tired and I want to go home and take a nap. I'm a good sport, but I am still a cat.

### 7. I have a story to tell.

Eliza and I met at the Atlanta Humane Society in 1998, and have been best friends ever since. I have a story to tell about the awesomeness of shelter cats, and about the importance of responsible cat ownership.

### 8. I have superpurrs.

I am a purring machine, especially on therapy visits. Scientific research has shown that cat purrs have powerful health benefits for nearby humans, including lowering stress, reducing heart attack risk, and even strengthening bones! ♥



# The Amazing Davis Family and Their Therapy Cats

[ED. NOTE:] I have no hesitation in declaring that, having lived in the world of therapy animals for 20 years now, there is no one, anywhere, like Terri Davis and her daughters, Kaylin and Leah. They have touched countless people with their five therapy cats, along the way learning much about partnering with cats for the benefit of all—the cats, too. There is both art and science in this work, and they have contributed much toward perfecting both elements!

In addition to their therapy visits, these cats trust their partners enough to make public appearances with countless dogs and strange people in wide open park spaces and a strange, huge, deafening ballroom with more than 270 people partying. They continue to dazzle us everywhere they go. - KK



# Terri & Willow

Willow is a sweet, long-haired brown-patched tabby. Willow has only been a therapy cat since spring of 2012. She enjoys visits to Heritage Park Care Center where residents love to run their fingers through her long silky fur or cuddle her and hear her purr.

I think this is an amazing accomplishment for this beautiful cat, since when I first saw her in the garden center of Home Depot, where she had been living as a feral for I-I/2 years, the closest she would allow humans was about 12 feet. That changed when she chose to have her 5 kittens in a box 20 feet up in the racking. Because she would not leave her kittens, I was able to trap the entire family. Initially she was scared and very protective of her family. For several months she was just "Mama cat." Given time, love and patience her true nature came out. She loves and seeks affection (Continued on page 14)



# Kaylin & Bella

Bella is a Lynx point Siamese. Together with her partner, 12-yearold junior handler Kaylin, they have been a team for four years. They have enjoyed Weber State University's annual Stress Fair and the children this summer at the Weber County Library Summer Reading Program, and their most regular facility is a nursing home called Heritage Park Care Center in Roy. A special cart was designed and built for Kaylin and Bella to use during their visits. Bella loves riding in her cart up and down the halls.

One of Bella's unique characteristics is that she loves to talk to the people she visits. Usually when Bella meows, people talk back to her and laugh with delight when she speaks to them.

On one special visit a resident who normally doesn't talk or interact with the

(Continued on page 14)



# Leah & Princess

Princess is a gorgeous brown-patched tabby domestic shorthair—and Willow's daughter. Princess and Leah, her 10-year-old junior handler, make a great team at Heritage Park Care Center where they have been visiting for two years now. Tabbys are among the best dressed cats of the feline world, and Princess got her name from her distinctive tabby markings of necklaces around her neck, bracelets on her legs, rings around her tail, beautiful eyeliner around grape green eyes, and a red diamond on her forehead.

Princess loves to visit with people at Heritage Park. The activity director says that the ITA visit is the favorite activity for some of the residents. The site of a cat in the little red cart rolling down the hall always brings a smile to residents and staff faces alike. Recently, Princess was visiting with several of the residents *(Continued on page 14)* 

# *Cruckin*: ITA Animals Hit the Road!

In a delightful first for us, there is now a huge 18-wheeler cruising the western states with ITA therapy animals gracing all sides!

Lynn Jensen, CEO of Interwest Transportation, is a devoted believer in our work, and in addition to giving ITA generous cash gifts, gave us permission to grace one of his trailers with 12 of our therapy dogs and one ITA cat, Sherlock. The trailer hit the road early in February 2014, and invites people to "Join us in supporting Intermountain Therapy Animals — Pets Helping People," with our phone number and website. Thanks, Lynn and Interwest!





(TOP LEFT:) Right-side ITA animals are Zuzu, Diva, Carlos, Sherlock and Cece. (TOP RIGHT:) Back-end dogs are Lily Rose, Jax and Blue Velvet. (LEFT:) Pictured with Brandt Jensen, left-side dogs are Simba, Gus (Lynn's Sheltie), Sammy, George, Toby and Reggie. (BELOW:) a panoramic shot of the whole trailer.

FST

100164

0



(cont. from page 9)

### to \$99 (cont.)

Linda Stearns Barb & Ron Stevens Mark Stimpson Pam Strickland Adele Swenson Mary Taylor Nicole & Sean Terman (R.E.A.D.) Betty Thompson (R.E.A.D.) Kathryn Thompson Shannon Tilly Lauri Tomlins Lisa Towner John Vestal Kristy Walker Sandra Walthall (R.E.A.D.) Marianne Weston Wander Nancy Warmuth Tiffany White Robin Wilks-Dunn Anne Elizabeth Williams Winder & Counsel PC Sharon Woeppel Beth Wolfgram Kass & Brent Wood Valeria Wriede Pearl Wright William York (R.E.A.D.) Vicki Elizabeth Zollinger

### IN-KIND DONORS:

Tom Alder Pat Bagley Penny & Sands Brooke Alexis Butler / The Dog's Meow Peg Chudd's Cleaning Services Susan & Skip Daynes The Dog Lodge The Dog's Meow Jeannine Heil Heather King Kathy Klotz Donna Morelli Mountain Express Magazine Chris Pellegrino Students of La Europa Academy XMission Internet Services Kerre Ziprick (R.E.A.D.)

Important: If you made a donation and are not properly acknowledged and recognized herein, please accept our sincere apologies. Please, please contact our office (801-272-3439) so that we may make necessary corrections and recognize you on this page next time. We thank you with all our hearts for your faithful support of ITA and animal-assisted therapy!



# ITA's Donors & Supporters 2013–14

Thank you! ITA is committed to promoting and enhancing the human-animal bond, and we could not do it without the generous donors who are making all our accomplishments possible. Following are all gifts received from January 1, 2013 through February 25, 2014.

## INDIVIDUAL, CORPORATE & FOUNDATION Donors

### \$10,000 to \$29,999

**ANONYMOUS Foundation** ANONYMOUS Individual Cesar / MARS Petcare Cross Charitable Foundation George & Dolores Doré Eccles Foundation Willard L. Eccles Foundation Richard K. and Shirlev S. Hemingway Foundation JEPS Foundation/Jennifer Speers Emma Eccles Jones Foundation Laura L Niles Foundation Petco Foundation

### \$5,000 to \$9,999

Community Shares/Utah Lawrence T. & Janet T. Dee Foundation Jeannine Heil Kathy Klotz PETSMART **Utah Families Foundation** XMission, LLC Pia & Jimmy Zankel

### \$1,000 to \$4,999

ANONYMOUS Auxiliary to the Utah Veterinary Medical Association Barnes & Noble (R.E.A.D.) Chris Beck-McKay Cindy & Mike Bender Laura & Robert Bridges, CeCe & Gabby Dr. Rick Campbell, DVM & Willow Creek Pet Center **Castle Foundation** Pea Chudd Cleanina Services Reeve Chudd & Marian Mann Ann Coleman Stephen G. & Susan E. Denkers Family Foundation The Jarvis & Constance Doctorow Foundation Karen Duncan Henry W. & Leslie M. Eskuche Foundation ExxonMobil Foundation Freebirds World Burrito Sterling & Shelli Gardner Foundation Henry S. & Patrice Hemingway Foundation Lynne Hanson & Terry Hines John & Wauna Harman Foundation

Freddie Ussery Intermountain Healthcare Kathryn Waddell Community Partner Fund \$100 to \$249

Lvnn Jensen Kennecott Charitable Foundation Gaye & Dayton Lierley Mari & Tom Lowe Masonic Foundation of Utah Herbert I. & Elsa B. Michael Foundation Mountain Express Magazine Danette & Sterling Poulson John Robert Reese Ronald McDonald House Schmidt Family Foundation TJames H. Woods Foundation

### \$500 to \$999

Kate & Jon Haugh

All Sainta Episcopal Church, SLC ANONYMOUS (3) Nancy & Jim Barthelmess Jill Bryson Connie Cowett Frika Daines Tim & Candace Dee Jane Lee Fischer Gardens Assisted Living Debbie & Kevin Gardiner Gulf Coast Pet Partners (R.E.A.D.) Patricia Hogan Love Utah, Give Utah Brook Mercer Jane Palev-Price Jane & Dave Staplin Lori & John Stockinger Tim Watcke Vera & Bruce Wood

### \$250 to \$499

Kathy, Ron & Brock Aoki Diane Bracey Jackie & Roy Byrd Ann Cannon Pat Christensen Amber Dalzen Kristen Dalzen & Stephanie Pappas Valli Durham (R.E.A.D./ITA) Christina Ferdinand Michele & Dan Franks David Harris Brad & Teresa Hill Susie & Elliot Hulet Nancy Johnson/Montana Right Hand Foundation Sandi Martin Daniel Moore Lisa Nishizawa **Charlene** Palmer Prudential Foundation Gift-Matching (R.E.A.D.) Scientia Advisors Dan Shaffer & Kim Anderton

ANONYMOUS (4) Affordable Automotive Altamonte Springs Office and the HR Team Donna Arriao & Colleagues of Doug Springmeyer Carole Baker Leslie & Kevin Blackham Jodie & Kevin Bradfield Pamela (Metz) & John Berman Jean & Don Bradshaw Penny & Sands Brooke Nancy Brooks (R.E.A.D.) Mary Jo & Arthur Broom Alexis Butler Patricia Campbell Carla Carmain-Herret Chappaqua (NY) Library (R.E.A.D.) Charles Schwab Foundation Mary Ann Childs Tracy Lynn Coleman & Kristina Couron Toni & Jay Conroy Gav Cookson Sam Cookson Charles Dahlquist Danzl Family Fund Rebecca Davis & the SIS Admissions Team (R.E.A.D.) Susan Daynes Laura Reed Deblase Dog's Meow Customers (donation box) Susan & Douglas Duehlmeier Scott Fayner/The ABCs of Doas Russell Fericks Timna Fischbein Pat Gay Frankie Gibbs Darvl Goldberg (R.E.A.D.) Sandra Goldberg & Robert Hairgrove (R.E.A.D.) Goldman Sachs Bonnie Gregory (R.E.A.D.) Gayle Chellis Grim Carleen Haggerty Kerry Hardy (R.E.A.D.) Haydinger Cousins Susan Heath & William Tanner Pat Hemingway Hillsdale Board of Education and Administrators Betsy Holmes , Mary House Peggy Howell Gail Ingrish (R.E.A.D.) Hilary Jacobs Lynne Kerr

Heather King Fran Lancaster& Richard Herz (R.E.A.D.) Connie Lanker Karen Laws Mary Kay Lazarus Barbara & Frank Layden Michelle Linck Lizzie's Ladies: Pat. Barbara, Jean & Gail Michael Lobato Bee Lufkin Michelle Luick Phyllis Mackey Stephanie Magid Shirley May May (R.E.A.D.) Rich McKelvie Marty Metzler Robyn & Gary Montgomery Dayna Mueller Kathy Murray Ella Nagy Nailor Industries, Inc. (R.E.A.D.) Rich & Renee Nordlund Victoria O'Donnell Jan Owens Kim & LaCole Phillips PNM Resources (R.E.A.D.) Anita & Arthur Polner Martin Presler-Marshall Primary Children's Residential Treatment Center, the Kids at Protect Our Only Planet (P.O.O.P.) Kristie Rasmussen Phyllis Reppucci Jean Revord Jason Rina Laurel Romero & Amy Osborne Martha & Bill Scott Nancy Shaw Catherine Shriver & the Haydinger Cousins Singleton & Dorn Anita Sioblom Dawn Spango & Friends Timothy Sroka Jennifer Staplin Cindy & Richard Starley Victoria Lee Steges Deryl Strong Liz & Jerry Summers (R.E.A.D.) George, Tina & Miley Hose Sumner Margo Sylvester Joanie & Greg Tastad (R.E.A.D.) David Thomas, MD & Elizabeth Lockette Marae Thomas Julia Urbanek Graham Walker & Chloe Teresa Wassum (R.E.A.D.) Weber County (UT) Library

Gary Wiedenfeld Robin Youngquist Anne Zopfi

### to \$99

ANONYMOUS (3) Faye Alexander Eileen Ambrose Robert Anderson Apogee Instruments Wendy & Stewart Ashenberg Christine Bachmann (R.E.A.D.) Diana Baxter Holly Bauman Lucia Bellazetin Susan Bellon Victoria Bennett Thomas Berggren Sara Blaisdell Dawn & Ed Bookbinder Darlene Bridwell Anne Brillinger David Carlson Helen Carney **Catherine Chamberlain** Nyla Chandler Cheryl Lynn Childress (R.E.A.D.) **Kimberly Clinger** Sue & Del Coonce **Beverley Cooper** Cindy Cromer **Bryant Davis** Carollyn Dave Marcia Dibble Susan Dinter Anna Drake Denise Dreher (R.E.A.D.) Stanley Dudek Penny Edwards Janelle Evans Jeffrey Gahris Sally Gale Jean Glaser Jean & Bud Graber (R.E.A.D.) Peggy Green Gayle Grim Karla Gunnell Ilauna & John Gurr Virginia Harris Vicki Harrison Michele Hatton Chris Hennefer Cindy Hikida Wendy Hitch Sharon Hobson Marilyn & John Holt Chaz Houpt & Milli Sherry Jarvis Teri Jensen Jo's Book Club Mary Johnson Alonzo Jones

Michael Jorgenson (R.E.A.D.) David Jouppi (R.E.A.D.) JustGive Samantha Kaderabek, on behalf of UL FPD (R.E.A.D.) Sally Kaiser Lisa Kane Jerry & Eileen Kaplan Jean Katch Angela Keeton Barbara Koerner & Wayne Marsh Debbie Kramer Ricki & Scott Kresan Margaret Landesman Deb Lang Sandra Later Marsha Lev Bonnie Lofquist (R.E.A.D.) Amee Trevino Kovacs McGillis School / Josh Goldberg Bryan, Beth, Frederick, Henry & Emma Madsen Sheila Maesinger Michelle Marshall Mary Martin Susan McDonald Suzy G. Mihalopoulos Alan Miller Lvnda Miner Émil Misichko Donna & Ralph Morelli Terilinn Moyer Mvers Mortuary Laurie & Michael Nelson Lisa Nishizawa Laura Numeroff Jaimee O'Brien Tanya & Jim Oleson (R.E.A.D.) Order of Eastern Star Past Matrons Circle Bernadette Ossorio Dana Owen Denise Partain leanne Peterson Linda & Ken Pierce Tamar Prero Sharon & Gene Raymond Nancy Robbins & Family Bonnie Rockwood Helen Rollins Nancy Rosen Sarah Circle Ladies/Hilltop United Methodist Church Alice & DuWayne Schmidt Patricia & Kenneth Schmitt Chuck Schneider (R.E.A.D.) Kim Schroeder Kim Schuske & Michael Horner Lynda & Roger Simmons Charlene Smith Mable & William Staplin (Continued on facing page 8)

## Tawnya & Daredevil (Continued from page 5)

2004—that's some kind of record!

My clients are often surprised when I walk in on a leash (my favorite way to travel) and walk right up to them. I will sit in their laps as long as they'll have me, and often it takes them awhile to even notice that my eyes are gone.

I really love dogs as well as people. One of my favorite things to do is visit with a dog team, and then to have both of us get in bed with a client. They can't get over the fun of having a dog up against them on one side and a cat, me, on the other. That's double the benefits, for sure!

Tawnya says I am her superhero, but she's the one who took me in and gave me a chance to live and be me.

Once at St. Joseph's Villa, there was a gentleman with his son. The man yelled over to us, "That is one funny-looking dog!" When we got to them Tawnya said, "This is Daredevil, the cat," and everybody laughed.

The man said his son, Eric, had been in a very bad car wreck and was paralyzed and had brain injuries. But he said he knew his son was "in there," and that Eric loved all animals. Tawnya put me on his bed and picked up Eric's hand and started to stroke me with it. She told Eric that I was so soft and that I loved having him pet me. I cuddled right up to him.

Eric was only 22, a sweet young man whose life was changed forever because of a drunk driver. He was tall—6' 5"—and had the most beautiful blue eyes, but he looked so lost. Tawnya said to him, "Daredevil loves you," and talked with the man for a few more minutes while I lay quietly on Eric's bed.

Then we noticed that Eric had tears rolling down his cheeks. His dad said, "See, I told you my son is in there." I had had the chance to touch another soul. ♥

- Daredevil & Tawnya Kinder, Salt Lake City, UT

# **Goodbye & Godspeed**

### **RETIRING:**

**Rosie** Westie partner of Janet Anderson of SLC, UT

Harvey Husky mix partner of Sara Kaplan of SLC, UT

ی Chaco Irish Setter partner of Marcia Walker of SLC, UT ত

Skittles Papillon partner of Lori Thomassen of SLC, UT

Papillon partner of Lori Thomassen of SLC, U

### ⊂ Gracie Calico cat partner of Sally Ann Bisch

of Bozeman, MT

### ⊸ Chloe

German Wirehair/Brittany Spaniel partner of Graham Walker of SLC, UT

Apollo Yellow Lab partner of Linda Smurthwaite of Murray, UT

George Basset Hound partner of Peggy Chudd of SLC, UT

## **Deceased**:

### Sam

Golden Retriever partner of Marcia Walton of SLC, UT

# Bruzer

English Bulldog partner of Lynn Long of Draper, UT

Sherman Terrier mix partner of Christine Martin

of SLC, UT

## Loki

Anatolian Shepherd partner of Heidi Arneson of Bozeman, MT

### 0

Silver Rough Collie partner of Katy Harjes of Bozeman, MT.

## Putter

Shih Tzu partner of Doug Springmeyer of SLC, UT

> ⊸ Nick

Pointer/Coonhound partner of Pam Strickland of Bountiful, UT

> ⊸ Emily

Keeshound partner of Carol Prince of SLC, UT

⊸ Mica

Standard Poodle partner of Linda Pierce of Bozeman, MT

⊸ Kona

Golden Retriever partner of Sarah Hall of Bozeman, MT

#### ⊸ Sophia

Toy Poodle partner of Mickey Bailey of Three Forks, MT.

> ⊸ Turbo

Springer Spaniel mix partner of Gary Buehler of Bozeman, MT

> <sup>⊚</sup> Piggy

Pit Bull partner of April Hollingsworth of SLC, UT

⊚ Jett

Newfoundland partner of Rachael & Brett Beasley of Orem, UT

ive sorrow words: The grief that does not speak Whispers o'er the fraught heart, and bids it break. – Wm. Shakespeare (in Hamlet)

# **Recognition & Memorials**

Gifts to Honor & Remember

In MEMORY of . . . Banjo, companion of Ann Smyth Hilary Jacobs and Family Betty Diane Bracey Gretta Baur Pat Gay Chica, companion of Nanci & Bud Cranford Frankie Gibbs Coco, companion of David Halsted Frankie Gibbs Colonel Robert Anderson Mary Kay Lazarus Scot Davis Kathy Klotz Tom Disz Leslie & Kevin Blackham Patricia Campbell Erika Daines Jeffrey Gahris Michele Hatton Chris Hennefer Kathy Klotz Barbara Koerner & Wayne Marsh Sandra Later Myers Mortuary Laurie & Michael Nelson Kim Schroeder George, Tina & Miley Hose Sumner Margaret "Peggy" Eklund Victoria Lee Steges Emily, ITA partner of Carol Prince Jo's Book Club Lizzie's Ladies: Pat, Barbara, Jean & Gail Kendra Guthrie Kathryn Waddell Brad Harris Virginia Harris & Bridget Jett, ITA partner of Grett & Rachael Beasley Kathy Klotz Dr. Austin Larsen Pamela & John Berman Mica, our wonderful dog who loved her 9 years of service with ITA Linda & Ken Pierce Aunt Marge Morelli Donna & Ralph Morelli

Piggy, ITA partner of April Hollingsworth Kathy Klotz Pookha Wendy Hitch Putter, ITA partner of Doug Springmeyer Kathy Klotz Queenie, my 20-year-old Poodle Darlene Bridwell Robert Rial Anonymous Wendy & Stewart Ashenberg Dawn & Ed Bookbinder David Carlson Toni & Jay Conroy Sue & Del Coonce Robert Dorn Peggy Green The Hillsdale Administrators Hillsdale Board of Education HR Team and the Altamonte Springs Office Mary Johnson Alonzo Jones Debbie Kramer Connie Lanker Phyllis Mackey Patricia & Kenneth Schmitt Catherine Shriver and the Hardinger Cousins Susan & Jerome Singleton Dawn Spango & Friends **Timothy Sroka** Jane & Dave Staplin Jennifer Staplin Mable & William Staplin Lauri Tomlins John Vestal Valerie Wriede Sherman, ITA Partner of Christine Martin Kathy Klotz Peg Shupe Pamela (Metz) & John Berman Zorro, companion of Scott, Paula & Chris Breen Frankie Gibbs

## In HONOR of . . .

Faye Alexander & Hope, our ITA Mentors Chaz Houpt & Milli

Chris Beck-McKay & Mark McKay's 35th Wedding Anniversary Anita & Arthur Polner Chance Bender Cindy Bender Anne Creden, DVM at Salmon Brook Veterinary Hospital (Avon, CT) Bernadette Ossorio Elizabeth Dranow & Ralph Marshall Martin Presler-Marshall ITA Team Pat Gay & Rupert **Russell Fericks** Bryan, Beth, Frederick, Henry & Emma Madsen Grandma Carol M, N, E, S, G & B Halima, ITA partner of Debbie McAllister Darlene Bridwell Halltree's Stargazer "Tycho" for all your hard work and dedication to such a great cause! Kristie Rasmussen Pat Hemingway's Birthday Tim & Candace Dee Pat Hemingway's Work as an ITA Team with Ben Martha & Bill Scott Kona, companion of Sally & Llew Humphreys Hilary Jacobs Lily Rose, ITA partner of Lynne Hanson Anne Zopfi Linda Kurz's Birthday Marsha Lev Meggie Nyla Chandler Monique Milius & Marty Jensen's Wedding Diana Baxter Sherry Underwood Apogee Instruments Roxy and Tessa Arneson-Watcke ExxonMobil Foundation Ionathan Way ExxonMobil Foundation Andrea Yost **PNM** Resources Foundation

## On BEHALF of . . .

Derek & Natalie Sharon Hobson Steve Towner Scientia Advisors



# Pupcracker — December 2013





(VERTICALLY FROM TOP LEFT:) (1) Sister Dottie dons Mother Ruffoon's dress; (2) The Taz; (3) Colby as the Cat King, with his body guard, Bold the Miniature Horse; (4) Sister Dottie with the Basset Mafia; (5) The Golden Brigade; (6) The Bridges family waits for their cue to go onstage; (7) Jazz Woods; (8) Chloe Burns, and (9) Bodhi, the Sugar Pooch Fairy.













# Bark After Dark! TTA CELEBRATES 20 YEARS

An enthusiastic crowd filled the ballroom at Little America on September 14, 2013, as Intermountain Therapy Animals celebrated 20 years of enhancing quality of life through the power of the human-animal bond.



# ITA's 20th Anniversary Celebration — September 14, 2013



(CLOCKWISE FROM LEFT:) (A) ITA Team Eric Eikenberry & Winston deliver some hands-on therapy to the guests. (B) ITA staffer Sharry Buhanan-Decker shows off the "Bark After Dark!" wall of stars, where 140 people honored their beloved companions. (C) Terri and Leah Davis, cruise among the guests with their feline partners Willow and Princess. (D) Hosts Mark Koelbel and Shauna Lake of KUTV Channel 2 introduced 20 ITA teams, representing one for each year of our existence.

# Bark After Dark!







## Terri & Willow (Continued from page 7)

and is still quite silly and playful.

And thus the name "Willow," the little waif cat from the garden center



that was strong enough to bend and grow to trust and love those that loved her.

P.S. One of her kittens became an ITA therapy cat too... "Princess!"

- Terri Davis

## Leah & Princess (Continued from page 7)

when Thelma came to see her and started to pet her enthusiastically from head to tip of tail, and each and every paw was inspected also. Thelma then was our escort through the rest of that hall, announcing to all, "Come see the kitty, come see the beautiful cat!"

With another resident, Denise, we always used to visit in her room when we first met her. Months passed and, as her health improved, we found her out in the hall in her wheelchair on one visit. So we put the lap blanket down for Princess and she rolled up and down the



halls for about 20 minutes with Princess in her lap as Leah walked alongside. Everybody would stop

to visit Denise and pet Princess on her lap. I think they both loved all the extra attention.

— Terri Davis

## Kaylin & Bella (Continued from page 7)

animals stopped when she heard Bella "conversing" with another resident. She stopped, smiled, and approached Bella, and Bella meowed to her, too. She reached out to pet her and then continued to follow Bella around the room as she visited others. Each time Bella would talk to anybody in the room, this resident would laugh and smile again. As we were leaving, the nurse who was accompanying us said "That's what it's all about."

Sometimes when Bella is visiting the residents will talk about their pets they have had. One resident, Ken, keeps a bag of kitty treats on hand just for Bella's visit. Bella has visited with Ken for almost every visit in 4 years.



On one of her visits, we stopped by the room of an angry young resident who always

kept his door closed and did not want anyone in his room. But that day we decided to let Bella give it a try anyway. When we asked if he wanted to see Bella he surprised us with a "yes." Afterwards, he had a very nice smile on his face and was calmer for awhile. When we closed the door the nurse who was with us jumped up and down and did a little happy dance because she said that was the most exciting thing that had just happened. "You go girl!"

The residents like Bella because she makes them feel warm and fuzzy on the inside while putting smiles on the outside, too.

— Terri Davis

# How It All Began: Terri, KC and Bonnie Blue

All our pets are special, but those that are therapy animals share a unique bond in our hearts. We work with them as a team for so many years and see the effect unconditional love brings to so many.

One never knows what seemingly small thing will change the direction of our lives. Little did I know how a small red and white tabby cat with an enormous heart, who walked into my life by chance, would change mine.

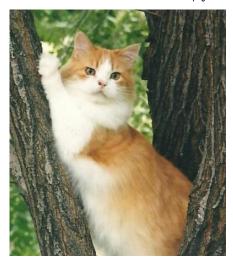
### KC, My First Therapy Cat

From beat-up stray, to the darling of the cat shows, to a comforting and inspirational therapy animal, to cancer survivor, KC's life definitely took "the road less traveled" by most cats.

His journey to becoming a therapy cat was surely unusual. Despite abandonment that led to early behavior problems, KC overcame his traumatic youth to once again trust and love people and other animals.

He could have told many stories about his life, from his early years as a bully street-fighting tom that nobody wanted,

(Continued on page 18)



# Cats

Francesco Marciulioano writes the comic strip "Sally Forth," which runs in 700 newspapers (and the webcomic "Medium Large," which does not). He says it took him over 30 years to learn how to spell his entire name correctly.

Cat Ex L

## That Top Shelf

I think I can jump to that top shelf I want to jump to that top shelf I know I can jump to that top shelf I am jumping to that top shelf I missed that top shelf by a good six feet And now everything is on the floor And I'm left wondering Why people even bother buying china If it breaks so easily

## And Now We Know

Nine-hundred-and-ninety-five I'm doing this for you Nine-hundred-and-ninety-six So please don't interrupt Nine-hundred-and-ninety-seven I'm just keeping them honest Nine-hundred-and-ninety-eight So please do take note Nine-hundred-and-ninety-nine And now thanks to me we all know There really were one thousand sheets in this toilet paper roll

## Cat Proverb

They say there are Twenty-four hours in a day But I'm only up for three of them And two I consider overtime.

## I Lick Your Nose

I lick your nose I lick your nose again I drag my claws down your eyelids Oh, you're up? Feed me

## Busy, Busy

It's 8 am and time to rest It's 10 am and time to relax It's noon and time for repose It's 3 pm and time for shut-eye It's 6 pm and time for siesta It's 9 pm and time to slumber It's 4 am and time to hang upside down from your bedroom ceiling, screaming

01

## This Is My Chair

This is my chair This is my couch That is my bed That is my bench There is my chaise There is my settee Those are my footstools Those are my rugs Everywhere is my place to sleep Perhaps you should just get a hotel room

## **O** Christmas Tree

O please O come on O like you didn't know What you were getting for Christmas Before I ripped open all your gifts O by the way The tree looks better on its side O I really do think so

## **Bigger Cat**

I'm not fat, I'm big-boned I'm not fat, I'm a bigger breed I'm not fat, it's just more hair I'm not fat, it's just more muscle I'm not fat, it's only winter weight I'm not fat, it's only a trick of the eye I'm not the reason you threw out your back But the next time you lift me, do so with your knees

from the book, I Could Pee on This, and other Poems by Cats, by Francesco Marciuliano (© 2012).

# Poetry (And Why Not?)

# Dogs

## Dog Dictum

We were wolves once Wild and wary Then we noticed you had sofas

# I Lose My Mind When You Leave the House

The plants are torn The garbage strewn The wires chewed The couch and I had a fight Your bed is soaked Your liquor spilled Your TV smashed Your laptop no longer has any vowels There's a smartphone in the toaster There's a toaster in the toilet There's a toilet in the hallway There's underwear in my mouth I went places I should never go I saw a side of myself I should never see I said things to the cat I can never take back

So please don't ever leave again.

from the new book, I Could Chew on This, and other Poems by Dogs, by Francesco Marciuliano (© 2013).

# R.E.A.D. Grows in Spain and Italy



ITA Director Kathy Klotz and Merilee Kelley, Director of ITA Affiliated READing Paws in Florida, traveled to Spain in November to meet with R.E.A.D. and ITA members from Spain and Italy. (ABOVE:) Meetings were held in El Escorial, and (BELOW:) in Madrid they couldn't resist taking photos of flamenco wear in ITA/R.E.A.D. colors!



(BELOW:) Doing ITA team testing was a unique challenge in the El Escorial train station.



# Martin, Chico & Velvet

EAS

hat day at school was different: we never got down to the blanket. Martin generally chose to do his writing exercises first, which we usually did at the table, then we would read on the floor so Velvet could be involved. Today, however, we went straight from the writing to the reading without getting down on the floor. You could call it my gray-haired forgetfulness, and you might be right. A couple pages into the book I realized Velvet was standing beside me. I quietly scooted my chair back a little and patted my leg so she could get up in my lap. She likes to sit in my lap, her eyes on about the same level as mine, and I like it too. Martin glanced up, a little surprised to see Velvet looking down at him instead of up, but he kept on reading.

It was a book on fossils, and we soon came to a part where the author was describing how dinosaur bones become fossils. The first step in the process, of course, is that the dinosaur dies. Martin read the sentence, started to go on and then stopped. Without raising his eyes from the book he said, "My dog died, too."

It caught me so off guard I wasn't quite sure how to respond. "Oh, no. Did this just happen? Did he live with you?"

"Yeah, my dad just told me. He lived with my dad, but I live with my dad sometimes, too."

"Wasn't his name...?" I tried to remember.

"Chico."

"Now I remember. You told me about him the day we met. I'm really sorry. Did you cry?"

"Yeah, a little."

"I cry a lot when my dog dies," I said, and then there was a pause, each of us lost in our own memories and neither of us having anything further to add to this conversation.



Martin went back to reading. In the middle of the next page he stopped, turned to me and asked, "Can Velvet sit in my lap?"

"Hmmm, I'm not sure your lap is big enough," I said, looking back at him. Velvet's small for a standard poodle, but still she weighs a good 40 pounds, kind of big for a lap dog. Martin is only 8.

But he insisted. "Yes, it is. It is. It's big enough."

"Okay," I replied. "Move your chair close to me so Velvet can just go from my lap to yours, and as soon as she gets there, put your arms around her so she won't fall off."

He did exactly that. Velvet sat in his lap and he hugged her close to his chest. That's how we read the rest of the book, with Martin holding Velvet, and with me holding the book up high so he could see around her.

- Connie Koenemann & Blue Velvet, Ogden, UT



# **Reading Education Assistance Dogs®**



As R.E.A.D. begins its 15th year, we reflect on one of the things we learned very early—that the experience is about so much more than acquiring reading skills like fluency and comprehension. These R.E.A.D. dogs—Velvet, Malachi and Brasil—helped in significant and unanticipated ways. (– KK)

# Edwin & Malachi

I am doing a R.E.A.D. program with my church which sponsors tutoring in a public housing complex. The kids have some really tough home issues, and the church offers a tutoring program for two hours twice a week.

The first night I went with my dog, Malachi, we were just talking with the kids as they signed up. I told the kids they could pretend my dog was their dog for the school year since they were not allowed to have pets in their complex.

One boy, sitting on the fence, very sullen and withdrawn, said, "You should not make promises you can't keep!" My heart broke, of course, and I looked him in the eye and told him that I could and I would keep this promise.

This was Edwin, and he became my constant assistant, always helping me bring things in to get organized. He loved to walk Malachi, and often did, but he would willingly do any job I needed.

My vehicle was mobbed by kids the minute I pulled into the parking lot, so we had to have a talk with them about running over before I even got it into park! Edwin helped keep the kids under control and was protective of us but not "possessive;" he willingly shared us with everyone. I don't know whose smile is happier in this picture. Malachi just had hip replacement surgery and cannot work for three months. I am going to take Titus, my older dog, but Malachi was the one they all bonded with, so I've been worried and have had

to put my thinking cap on. I will be bringing pictures of Malachi and his leg so they can be kept informed, and I think I will have the kids do cards to him. I also want them to know I am being honest with them. So many of them have had the truth distorted to meet the needs of others!

– Kris Campesi Manassas, VA



# Brasil

A 7-year-old boy came up to me at the Byram, Connecticut Library and asked if he could read to my dog Brasil, a 6-year-old whippet. Of course I said yes, and he sat down and began to read. I then noticed he was blind—he was "reading" his Braille-enhanced book . At the same time, he was using his other hand to "run" it over Brasil. He told me he was "seeing" what Brasil "looked like!"

His mother, who was watching, began to cry, saying "He would never pick up that book before."

Brasil has been read to by thousands of children. He was featured on Diane Sawyer's ABC World Wide News and named Therapy Dog of the Year by the national Planetree Hospital Association. — Don Smith

Darien, CT



## The unstoppable team

of Danny the Greyhound and his partner Tony Nevett in the UK, will be featured in the April 2014 issue of National Geographic for Kids, British edition. Danny will be cited a canine hero for all he continues to do to help kids love reading.





## Terri & KC & Bonnie Blue (Continued from page 14)

to his years as a well-traveled show cat, to the painful ordeal of a cancer diagnosis and treatment that led to the surgical removal of his nose.

KC loved being a therapy cat. He had a wonderfully outgoing personality and enjoyed attention from clients of all ages. It was the highlight of his day when he could go out, meet and be loved and

petted by people. In return, his many clients got his unconditional love regardless of age, background, or ability.

KC shared his gift of unconditional love with a wide range of clients, young and old, for 9 wonderul years with

Bonnie enjoying a snuggle.

ITA. From school children, summer library reading programs, at-risk teenagers, McKay Dee Hospital patients, seniors and many public events, he never met a person he didn't want to befriend. His outgoing and affectionate personality was truly an example of how to win friends and influence people.

KC was the first CAT to be honored as ITA Therapy Animal of the Year (2001).

KC knew when to solicit attention-he would come over and pat you on the arm with his paw and meow his squeaky meow, just as he knew when to lie quietly next to someone in bed.

His missing nose served as inspiration and education for those he met. He was a walking example of how to be flexible and adaptable and still maintain a positive and loving attitude. And he was a perfect lead-in for talking to children about accepting those who look a little different or have a handicap.

It was said many times, underneath all

that fur there were tiny angel wings. Friends enter and leave our lives, but the impression they make on our hearts stay with us forever. KC has definitely left his paw prints on many hearts. Especially mine.

### **Bonnie Blue**

My little Siamese lady Bonnie Blue was a therapy cat with ITA for 11 years. Our regular facility was Heritage Park Care Center in Roy, but she also visited schools, libraries and many other ITA

events. "Is

that a real

cat?" was a

question I

was asked

when we visited new

places.

Bonnie

balance

without so

could



much as a wiggle on her lap cushion which I carried on my forearm. In her

> Her favorite place to be was on someone's lap. Bonnie was a snuggler: given a few moments on a lap she would often find her way to the crook of their arm and peer at them with contentment. She reserved her full-body snuggle for clients in bed. After settling alongside them she would often stretch out on her side so residents could stroke her soft belly fur. Sometimes we would catch her toes moving, ever so gently, "making biscuits." Some residents just wanted to sit with her, while others wanted to cuddle her like a baby. To her, it was all good.

stillness she was mistaken for a toy.

Bonnie's quiet personality extended to her purr as well. I called it her "stealth purr." It was so quiet that I invited residents to lay their head against her side to hear it, which many did. Others I would show how to "feel" her purr on the side of her throat. It always brought smiles when they could find her secret

### purr.

On one visit to Heritage Park, Bonnie was visiting with a senior resident in a wheelchair who started to wrap Bonnie in her lap cushion and hold her like a baby. Bonnie didn't mind, and for the rest of the visit this lady talked and crooned to Bonnie as if she were a baby, and Bonnie would look at her with those big baby blue eyes and softly purr in contentment. Several nurses and staff gathered around to observe, but Bonnie and her client were oblivious to all as they shared their moment. ♥

— Terri Davis

# ITA's Wish List We're Begging for . . .

• 8.5 x II white paper by the case, for copying and printing

Flash drives

• Gift cards to office supply stores, Costco and Target

• Postage stamps

• Sponsors for our training workshops and

manuals

• New

•

•

- children's
- picture books (for ages 4– 8) for the
- R.E.A.D.
- program.



### August 19, 2013 Hi ITA,

I am sending ITA a donation for a star in memory of HOPE, Faye Alexander's therapy dog. I have attached her pic. My sister tells me how much she loves working her cat YUKI in therapy and how much HOPE enjoyed being a therapy dog before she passed this month.

Thank you for all the wonderful work ITA has done for everyone.

Good luck and best wishes for your "Bark After Dark" campaign for Sept 14th.

Iris, Eddie & Alexis Albert Idaho Falls, Idaho



August 30, 2013

Dear ITA,

I need to thank you for the wonderful service your teams have given through the pet therapy program. Recently I was asked to submit this initiative to a program called "HCA Innovations." We won one of the three awards for service excellence at Ogden Regional!

I realize that I simply bask in the glow of the pets and owners. You do all the real work! You are a blessing to me and I'm thrilled to be a part of this service. As there was a financial award, I feel I need to share it with you!

With gratitude,

Sally Gale Director, John A. Moran Eye Center Ogden (UT) Regional Medical Center



October 31, 2013

RE: Article in Costco Connections, November 2013

What a wonderful tribute to ITA, R.E.A.D. and all of its teams. I have been part of R.E.A.D. since its inception with several different dogs, a cat and a bunny, and have never seen such a great article on its behalf, and so public. Many teams earn special recognition within their own communities and/or states, but this goes beyond that. Great job to the staff of ITA.

Ruth Mille & Quincey



February 20, 2014

Dear Kathy,

Thank you for taking time to come speak to the Continuum of Care group. It is so good knowing that there are individuals like yourself and your awesome ITA volunteers who truly care about enriching the lives of others.

Many thanks,

Melanie Haws Mountainland Aging Services





"On the other hand, his bedside manner is impeccable."

Cach of our 300+ ITA therapy teams is absolutely unique, since all the people and animals bring to their volunteer practice an endless kaleidoscope of ages, sizes, breeds, backgrounds and talents.

What about you and your companion animal? If you think you both might enjoy volunteering with ITA, providing animal-assisted therapies at one of the more than 150 facilities we visit, call us to learn more:

## 801.272.3439





# INTERWEST TRANSPORTATION

INNOVATIVE APPROACH • EXCEPTIONAL RESULTS 1415 South 3600 West, Suite 100, Salt Lake City, UT 84104 Phone 801.908.5430 • www.interwesttransportation.com

Intermountain Therapy Animals is proud to be one of the 20 Utah nonprofit organizations supported by Community Shares/Utah.





Skip & Susan Daynes with U.S. Senator Orrin Hatch at the Utah Families Foundation's annual golf tournament in August. ITA is fortunate and grateful to be among those groups supported by Senator Hatch's Utah Families Foundation.



# AIM THAT CAR OUR WAY!

# Donate your vehicle to Intermountain Therapy Animals

Unwanted but usable vehicles. Most are welcome including cars, trucks, motorcycles, boats, RVs, etc. Vehicles must have a clear title and no major damage. Some restrictions apply. To donate, just go to our website: www.therapyanimals.org

For complete details, go to **www.vehiclesforcharity.org**, or call

1-866-628-CARS (2277)

Free Pick-Up
Free Title Services
Potential Tax Deduction



# **Utah Charities Golf Challenge**

Intermountain Therapy Animals is pleased to have been chosen as one of the charities that received funding from the 2013 Utah Charities Golf Challenge, sponsored by the Utah Families Foundation and hosted by U.S. Senator Orrin Hatch and his wife, Elaine. This year the tournament was held at Jeremy Ranch Golf & Country Club on August 18-20th. ITA was there on the golf course during the Challenge! Other related events were held at the Grand Summit Hotel at Canyons Resort. Thank you, Utah Families Foundation!

# **Dog A Frequent Churchgoer Since Owner Died**







ROME - Since his owner died two months ago, Tommy the dog has not missed a single mass in the small church in southern Italy where his mistress's funeral was held, Italian media said Wednesday.

When the bells of the Santa Maria Assunta church begin to toll each afternoon in San Donaci near Brindisi, the 12-year-old German Shepherd sets off from the village to get himself a front row seat next to the altar, *Il Messaggero* newspaper said.

His owner, who was known in local dialect as "Maria tu lu campu"— "Maria of the fields"—had lived alone with Tommy and three other rescue dogs, who used to follow her faithfully on her daily rounds and have now been adopted by the village.

After following his mistress's coffin up to the church on the day of her funeral, Tommy has returned daily, sitting quietly throughout masses, baptisms and funerals, according to local priest Donato Panna, who now wouldn't do without him.



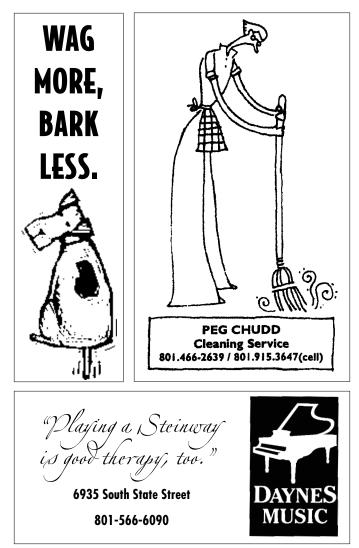




Jean Glaser — Animal Portraits For more info and pricing please see my website www.craigandjean.com/jeanglaseranimalportraits/ 435-602-9158 Email jean@craigandjean.com

10% Discount for 9TA Members







**The Dog Lodge** takes a different approach to dog care. We know how important your dog is to you, so we've created a home-style atmosphere that is fun, safe and comfortable. While you're away, your dog will meet and play with new friends or just sit and relax while snuggling-up with our attentive staff. Because we take a limited number of dogs, your dog will receive the personal attention you can't give him while you're away.

> 7101 South 400 West Midvale, UT 84047 801-566-1225

# **The Facilities and Programs We Serve**

Intermountain Therapy Animals team volunteers are currently participating in animal-assisted interactions (AAT or AAA), including R.E.A.D. programs, at the following facilities:

### UTAH - SALT LAKE AREA

Affinity Hospice / SLC Alta Ridge of Holladay Alta View Hospital / Sandy Anderson-Foothill Library / SLC (R.E.A.D.) Aspen Ridge Rehabilitation Center (Rehabilitation therapies) Benchmark Hospital / Woods Cross (Adolescents in Residential Treatment Program for Drugs and Violence and R.E.A.D. program) Boys & Girls Clubs of Midvale (R.E.A.D.) Canyon Creek Assisted Living / Sandy Canyon Rim Academy / SLC (R.E.A.D.) Canyon Rim Care Center (short- and long-term care) Care Source Residence (Hospice care) Children's Center / SLC (Treatment Center) Chateau Brickyard / SLC Columbus Community Center / SLC Copper Hills Youth Center / West Jordan (residential treatment) Copperview Elementary / SLC (R.E.A.D.) Crossland Rehabilitation / SLC Garden Terrace / SLC HealthSouth Rehabilitation Hospital / Sandy (Long-term Rehabilitation) Heritage Place / Bountiful (Seniors) Highland Care Center / SLC (Senior Care) Highland Cove Retirement Community / SLC Hillcrest Care Center / Sandy (Senior Care) Holy Cross Ministries (R.E.A.D.) Hope Center for Children / SLC Intermountain Medical Center / Murray Jackson Elementary / SLC (R.E.A.D.) Jordan Valley Hospital / West Jordan (Med Surg) Juvenile Justice Services / SLC (Observation & Assessment) King's English Bookshop / SLC La Europa Academy - Girls' Residential Treatment / SLC Lakeview Hospital / Bountiful (Senior Psych Unit) LDS Hospital (IHC) / Rehabilitation Services Learning Services / Riverton (Adult Males with Longterm Disabilities) LifePath Hospice Mt. Olympus Rehabilitation / SLC (Rehabilitation Services) Observation & Assessment, Boys' Unit / Salt Lake City (Adolescents in juvenile detention) Observation & Assessment, Girls' Unit / Salt Lake City (Adolescents in juvenile detention) Our House / Sandy (Assisted Living) ParkLane Senior Apts. / SLC (retirement housing) Pioneer Valley Hospital / WVC Primary Children's Hospital (IHC) / SLC (Inpatient Rehabilitation Services) Primary Children's Residential Treatment Center (IHC) / SLC (Children With Emotional and Abuse Issues) Recovery Ways Treatment Center / SLC Riverton Library / Riverton (R.E.A.D.) RHA Community Services / SLC Rocky Mountain Care / Riverton (Seniors) Ronald McDonald House / Salt Lake City Salt Lake City Libraries / SLC (R.E.A.D.) Salt Lake County Libraries (R.E.A.D.) Salt Lake County Youth Services Salt Lake Regional Medical Center / SLC Sandy Regional Medical Center The Sharing Place / SLC Shriner's Hospital for Children / Salt Lake City (Children Undergoing Orthopedic Procedures) South Davis Community Hospital / Bountiful (Long- and Short-term Rehab) South Valley Sanctuary / West Jordan (Woman & Child Center) Snowbird Mountain School / Alta

TURN Community Services / SLC TURN Community Summer Camps

- University of Utah University Hospital (Rehab Services, Burn ICU, MedPsych Unit and Surgical Waiting Room)
- University of Utah Neuropsychiatric Institute (Adult and Child Units)
- Utah Cancer Specialists / SLC Utah Guardian Ad Litem's Office / SLC Utah School for the Deaf & Blind / Connor Street
- (Children With Multiple Disabilities) Litah State Prison / Women's Inpatient Unit Utah Youth Village / Murray (Foster and group homes) Veterans Hospital / SLC (Rehabilitation/Hospice/Care Center)
- The Wentworth at East Millcreek

### UTAH - PARK CITY AREA Elk Meadows Assisted Living / Oakley

Heber Valley Medical Center Jeremy Ranch Elementary (R.E.A.D.) Old Mill Elementary School / Heber (R.E.A.D.) H. Guy Child Elementary (R.E.A.D.) / Ogden Emeritus Estates Assisted Living / Ogden Gardens Assisted Living / Ogden George E. Wahlen Veterans Home / Ogden Girls Independent Living / Ogden Heritage Park Care Center / Roy (Alzheimer's Patients) Highland Park Elementary / Clearfield (R.E.A.D.) Holt Elementary School / Clearfield (R.E.A.D.) Logan Regional Hospital / Logan Manor Care / Ogden McKay-Dee Hospital (IHC) / Ogden (Transitional Care,

Psychiatric, Oasis Program and Rehabilitation Units) Mount Oaden Junior High / Oaden Mountain Ridge Assisted Living / Ogden Mountain View Health Services / Ogden North Ogden Jr. High (R.E.A.D.) North Park Elementary (R.E.A.D.) / Roy Rocky Mountain Care / Clearfield (Assisted Living) Logan Nursing & Rehab / Logan Utah Schools for the Deaf & Blind / Harrison Blvd., Ogden (Children with Multiple Disabilities)

Vista Care Hospice / Ogden

Keystone the Yellow Lab explores with a friend at the School for the



Park City Medical Center Parley's Park Elementary (R.E.A.D.) Peace House McPolin Elementary (R.E.A.D.) Park City Library (R.E.A.D.) Rocky Mountain Care Center / Heber Summit County Library (R.E.A.D.) Timpanogos Intermediate School / Heber (Special Fducation) Wasatch High School / Heber (Special Education)

### UTAH - OGDEN / LOGAN

Archway Youth Service Center / Ogden Aspen Behavioral Center / Syracuse Aspen Care Center / Ogden (Assisted Living) Behavioral Health Institute / Ogden (Acute Care and Day Treatment) Canyon View School LIFE Program / Ogden CAPSA / Logan (Domestic violence shelter) Centro de la Familia / Providence (Center for families) Chancellor Gardens / Clearfield (Assisted Living) Christmas Box House (Children in care of state services) / Ogden Clearfield Elementary (R.E.A.D.)

Coalville Library (R.E.A.D.) Country Pines Retirement / Ogden Crestwood Care Center / Ogden Davis Behavioral Health - Crisis Recovery Unit / Layton

Wasatch Care Center / Ogden Washington Terrace Elementary / Ogden (R.E.A.D.) Waterfall Canyon Academy / Ogden (students with cognitive disabilities) Weber County Library / Ogden (R.E.A.D.) Weber Valley Detention Center / Ogden Willard Elementary / Willard (R.E.A.D.)

Willow Glan Health & Rehab / Brigham City

## UTAH - UTAH VALLEY AREA

American Fork Hospital Center for Change /Orem (Eating disorders) Courtyard at Jamestown / Provo Golden Living / Orem (Senior care) Summerfield Manor / Orem (Assisted living) Utah Cancer Specialists / Provo Utah Valley Regional Medical Center / Provo Rocky Mountain Hospice / St. George

### MONTANA

Absarokee Elementary (R.E.A.D.) Aspen Pointe / Bozeman Bear Creek Respite / Bozeman Belgrade Public Library (R.F.A.D.) Big Sky Ski Patrol / Big Sky Big Sky Youth Center / Bozeman

Birchwood Retirement / Bozeman Bozeman Deaconess Hospital (cancer treatment center, dialysis unit and surgical waiting room) Bozeman Health & Rehab / Bozeman (Retirement, re-hab) Bozeman Lodge (Retirement) Bozeman Public Library (R.E.A.D.) Churchill Retirement Home / Manhattan Eagle Mount Camp / Bozeman Edgewood Vista (Retirement) Emily Dickinson Elementary (R.E.A.D.) / Bozeman Epicenter / Bozeman Gallatin County Health Dept. / Bozeman (immunization clinics for kids) Gallatin Gateway School (R.E.A.D.) Gallatin County Rest Home / Bozeman Hawthorne Elementary School (R.E.A.D.) Head Start (R.E.A.D. programs) Highgate / Bozeman (retirement home) LaMotte School (R.E.A.D.) Longfellow Elementary (R.E.A.D.) Missoula Public Library (R.E.A.D.) Monforton School / Bozeman (R.E.A.D.) Morningstar Elementary (R.E.A.D.) / Bozeman Mountain View Care Center / Bozeman Parkhaven Retirement / Bozeman Quaw-Heck School (R.E.A.D.) REACH Homes for Developmentally Disabled Adults / Bozeman Riverside Assisted Living Shields Valley Elementary / Willsal (R.E.A.D. Sourdough Montessori (R.E.A.D.) Springmeadows Assisted Living / Bozeman Whittier Elementary (R.E.A.D.) / Bozeman

#### IDAHO

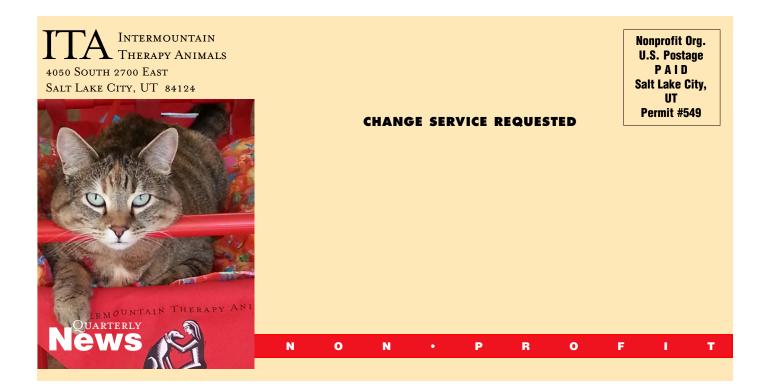
3B Juvenile Detention Center / Idaho Falls Bridgeview Estates (long-term care center) / Twin Falls Cassia Regional Medical Center / Burley Eastern Idaho Medical Center (EIRMC) FIRMC Behavioral Health Center Fairwinds - Stone Creek / Idaho Falls Hansen Public Library (R.E.A.D.) Harwood Elementary (R.E.A.D.) Jefferson Elementary (R.E.A.D.) Larsen-Saint Public Library / Preston (R.E.A.D.) Snake River Juvenile Detention Center / Twin Falls Southern Idaho Learning Center / Twin Falls Twin Falls Public Library (R.E.A.D.)

#### NEVADA/CALIFORNIA

Camp Care, Camp Lotsafun & MDA Camp / Reno Incline Village Elementary (R.E.A.D.) Marvin Piccolo School / Reno (R.E.A.D.) Nevada State Dept. of Corrections / Carson City Plains Regional Medical Center Tahoe Forest Hospital / Truckee Washoe County Public Library (R.E.A.D.) / Incline Village

### KENTUCKY/OHIO

Hospice of Hope / Maysville Mason County Detention Center Ohio Valley Manor / Ripley



## **Please patronize our ITA Sponsors!**

# \* animal medical clinic



215 South 500 West Bountiful, Utah 84010 Ph 801.292.7219







2055 Creek Road Sandy, UT 84093 801.942.0777

www.willowcreekpet.com



ITA is a member of the Utah Nonprofits Association. We were in the first tier of organizations that accepted the UNA's Standards of Ethics for Nonprofits in 2002, and, through ITA Board resolutions, we have been recertified every year since then. If you would like to know more about the Standards of Ethics and what they mean in ITA's practices, please call Executive Director Kathy Klotz at any time and she will be happy to tell you all about it.